



CENTRAL SANSKRIT UNIVERSITY/ केन्द्रीय संस्कृत विश्वविद्यालय

(Established by an Act of Parliament)/ (संसद के अधिनियम द्वारा स्थापित)

Ekalavya Campus, Agartala / एकलव्य परिसर, अगरतला

Ministry of Education, Govt. of India/ शिक्षा मंत्रालय, भारत सरकार के अधीन

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Sipai Para, Lembucherra, Agartala, Tripura -799210/ सिपाई पारा, लेम्बूछेरा, अगरतला, त्रिपुरा -799210

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Bio-Data

Name	DR. ASRAF ALAM KHAN	
Designation.	Guest Faculty (Assistant prof. Grade)	
Employee ID-	GT202401396	
Total Experience (in years)	1 Year	
Qualifications-	B.A, M.A(Dharma Shastra, Education, Sankhya Yoga), M.Sc.(Yoga), M.Ed., M.Phil., P.G. Diploma in Yoga Vijnana(Double), P.G.Diploma in Yoga Therapy & Stress management, YIC, Ph.D.	
Date of Birth-	10.02.1992	
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Date of Appointment -	05.04.2024	
Department-	Yoga	
Area of Interest-	Yoga	
Language Known-	Sanskrit, Hindi, Bengali, English, Oriya.	
Number of Publication	Number of Books (Self)	NA
	Number of Books (Edited)	NA
	Number of Articles	4
Attended Seminar/ Workshop	Seminars-	2
	Workshop-	5
Research Guidance (Completed)	Ph.D.	A Study on Educational, Physical & Mental Elements of Yoga Darshana
	M.Ed. Dissertation	A Study of the Awareness of Human Rights of Post Graduate Sanskrit Students of Paschim Medinipur Dist.
Research Project	NA	
Name of the Projects (Ongoing/Completed)	NA	
Name of the Awards/ Honours Received	Acharya (Sankhya Yoga) Gold Medallist	
Any other		